

Wednesday 2<sup>nd</sup> March 2022 AITPM Online Webinar – Travel and Living with COVID

### Travel and Living with COVID Monash PTRG Research Update

Prof Graham Currie FTSE Public Transport Research Group Monash Institute of Transport Studies Monash University, Australia





MONASH INSTITUTE OF TRANSPORT STUDIES





### Introduction

## **Behavior Shifts**

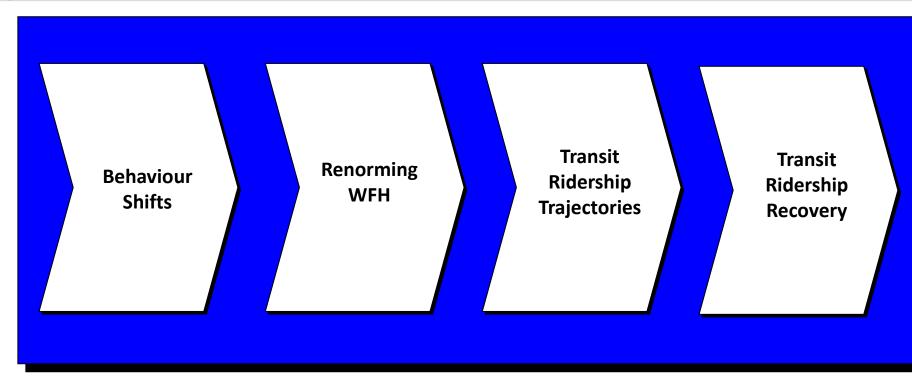
**Renorming Work from Home** 

**Transit Ridership Trajectories** 

**Transit Ridership Recovery** 



## This presentation updates PTRG research to understand the long term impacts of COVID-19 on travel in cities









### Introduction

### **Behavior Shifts**

## **Renorming Work from Home**

**Transit Ridership Trajectories** 

**Transit Ridership Recovery** 



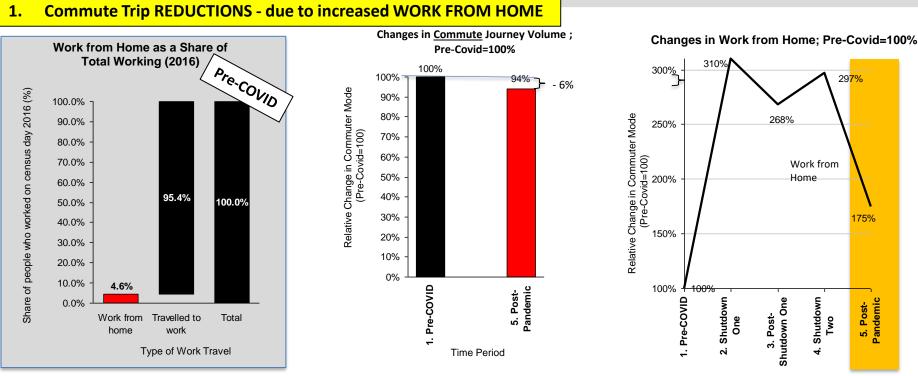
## There are four KEY new travel behaviours which will affect POST-COVID travel

- 1. Commute Trip REDUCTIONS due to increased WORK FROM HOME
- 2. MODE SHIFT from Transit to Car Driving due to INFECTION FEAR
- 3. SPATIAL Variations in the Above
- 4. SOCIO-ECONOMIC Variations in the Above





## POST COVID total work travel declines by 6% - mainly due to increased Work from Home (WFH) – the scale of shift is small (6%) because WFH is small as a share of work

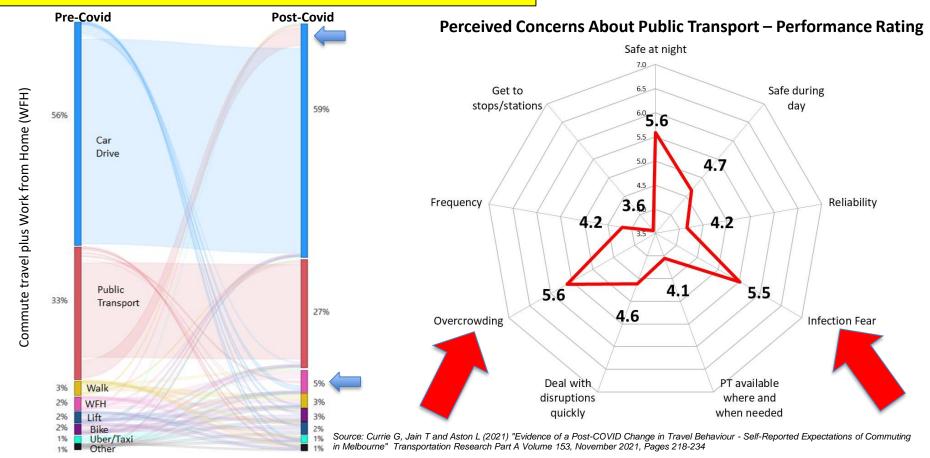


Source: Currie G, Jain T and Aston L (2021) "Evidence of a Post-COVID Change in Travel Behaviour - Self-Reported Expectations of Commuting in Melbourne" Transportation Research Part A Volume 153, November 2021, Pages 218-234



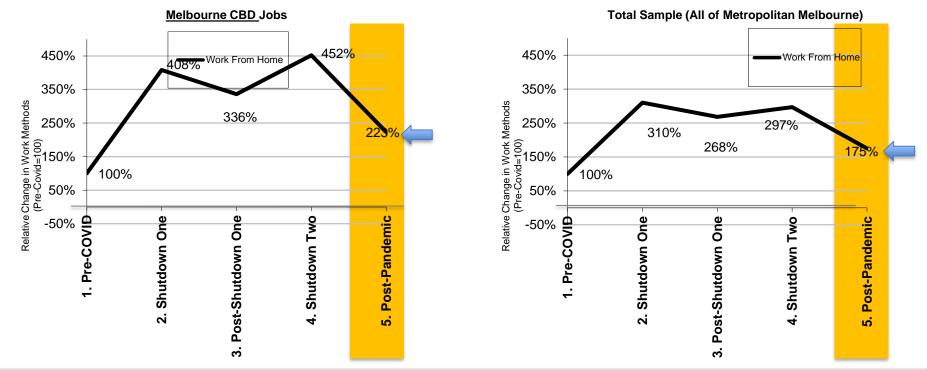
POST COVID work travel has a mode shift from transit to car-drive – this is caused by 'residual infection fear' related to Crowding concerns; new user priorities

2. MODE SHIFT from Transit to Car Driving – due to INFECTION FEAR



Work from Home is MUCH more common for CBD workers; whos WFH is expected to more than double (+123%) compared to pre-covid, much higher than for Melb as a whole (+75%)

**3. SPATIAL Variations in COVID Behaviours** 



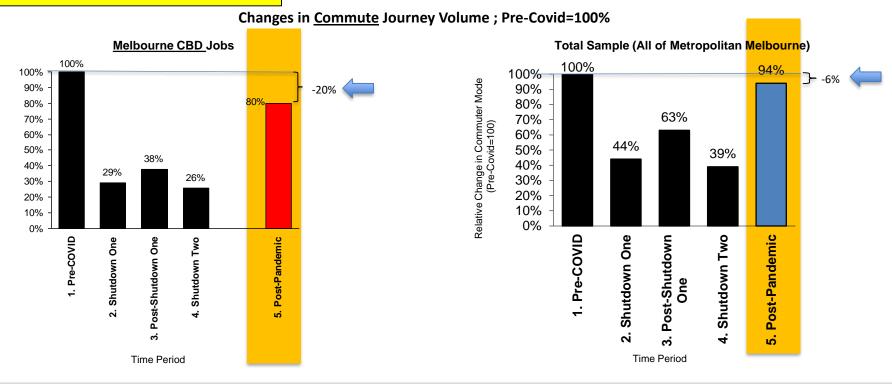
Source: Currie G, Jain T and Aston L (2021) "Evidence of a Post-COVID Change in Travel Behaviour - Self-Reported Expectations of Commuting in Melbourne" Transportation Research Part A Volume 153, November 2021, Pages 218-234





Respondents say CBD COMMUTE will reduce more than the rest of Melbourne; Post Pandemic a 20% decline in CBD COMMUTE is self estimated - much larger than for Melbourne as a whole (6%)

**3. SPATIAL Variations in COVID Behaviours** 

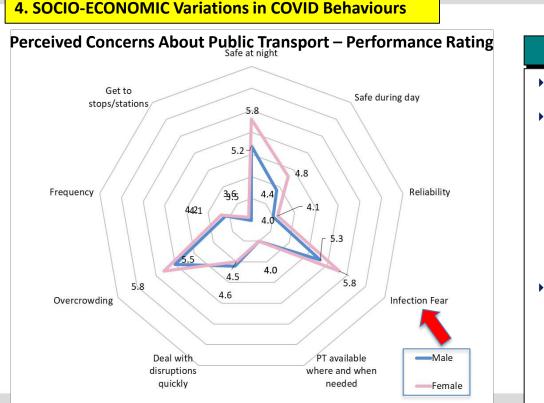


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## Infection Fear is Gender Biased. Work from Home shifts are larger for White Collar workers and High Income Groups



#### Socio-Economic Patterns of COVID Behavior Change

- Female respondents demonstrated slightly higher post pandemic commute reductions than male respondents
- Income was found to have significant variations in post pandemic commute volume (Kruskal Wallis Test, H (7) = 48.328, P=0.000).
  - In general higher income groups self-report significantly higher reductions in commuting postpandemic compared to their commuting before COVID
  - income '\$1,870-\$3,200'; -22.6% and income '\$3,200 or more'; -23.9%).
  - Lower income groups (<\$1,870) between -0.36% and -3.5% for cohorts with larger samples).
- We also found a statistically significant difference in post pandemic commuter reductions for white collar workers (Mann Whitney U test, U=62846, P=0.000).
  - White collar workers had an average -12.5% reduction in commute volume after the pandemic while

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- other workers had an average of -2.8%.

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### Introduction

**Behavior Shifts** 

**Renorming Work from Home** 

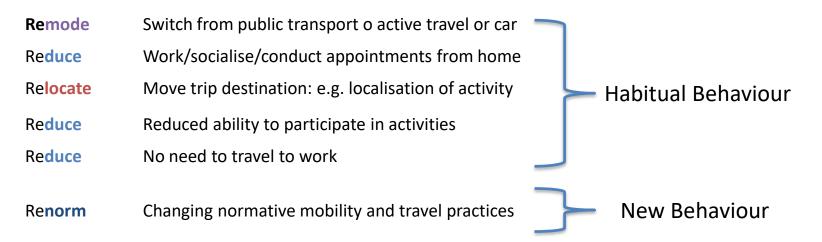
**Transit Ridership Trajectories** 

**Transit Ridership Recovery** 



# Travel behaviour changes in different ways; often termed the "R"s – including RENORMING

#### **Travel Adaptions Associated with Disruptive Events**



Based on Marsden, G, Anable, J, Chatterton, T, Docherty, I, Faulconbridge, J, Murray, L, Roby, H & Shires, J 2020, 'Studying disruptive events: Innovations in behaviour, opportunities for lower carbon transport policy?', *Transport Policy* 





# We are exploring long term impacts of C-19 on travel using a behaviour change model called the Trans Theoretical Model (TTM)

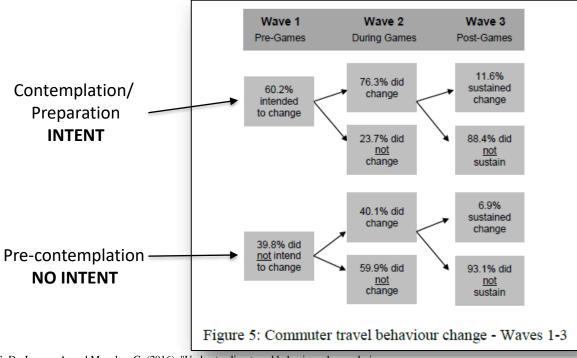
#### The Trans Theoretical Model of Behaviour Change

Stages -	Pre-contemplation 'I had not considered changing'	Contemplation 'I was considering changing'	Preparation 'I was preparing to change'	Action 'I had tried changing'	Maintenance 'I did change'
Process	Example process of change factors: Helping relationships Social liberation	Example process of change factors: Social liberation	Example process of change factors: <i>Social liberation</i>	Example process of change factors: <i>Stimulus control</i> Helping relationships	Example process of change factors: Helping relationships Social liberation
of Change Factors	Self-efficacy lowest Decisional balance Pros << Cons	Self-efficacy increasing Decisional balance Pros ≤ Cons	Self-efficacy increasing Decisional balance Pros ≥ Cons	Self-efficacy rapid increase Decisional balance Pros > Cons	Self-efficacy peaks Decisional balance Pros > Cons





## TTM was used to explore long term travel impacts of the London 2012 Olympic travel demand management program – will it work for COVID-19?

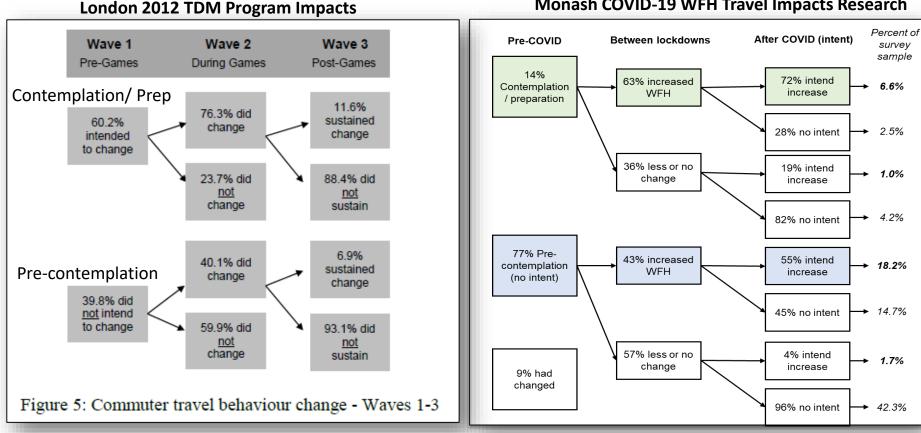


Source: Parkes, S. D., Jopson, A. and Marsden, G. (2016). "Understanding travel behaviour change during megaevents: Lessons from the London 2012 Games." Transportation Research Part A: Policy and Practice 92: 104-119





## Results show WFH behaviour change was higher both short and long term with Contemplation/Preparation; confirm TTM theory applies to COVID-19

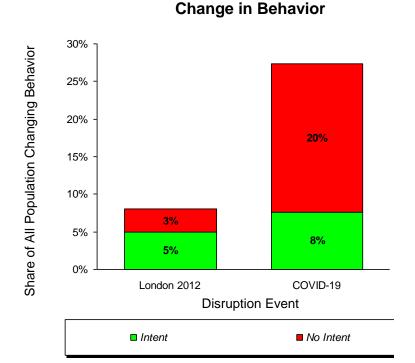


Monash COVID-19 WFH Travel Impacts Research

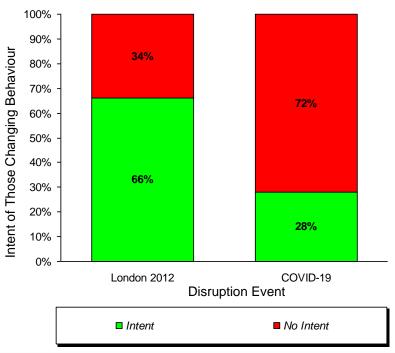
Source: Parkes et al (2016).

Source: Preliminary results Monash Research 2022

# The implication is that WFH behaviour shifts are bigger for COVID-19 and most shifts occur without intent – suggesting a RENORMING of behaviour



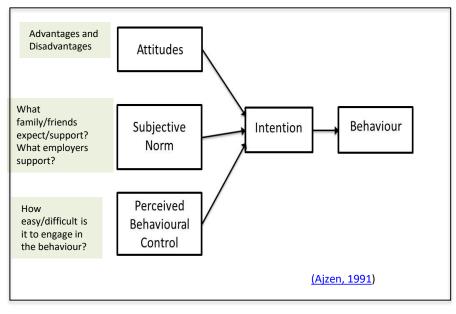
**Prior Intent for Those Changing Behavior** 





## This hypothesis matches our findings on WFH post COVID using the Theory of Planned Behaviour – Norms are very influential

#### **Theory of Planned Behaviour**



## Post COVID-19 WFH Intention

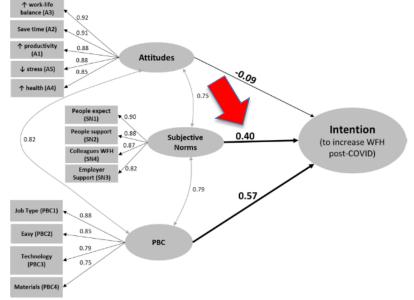


Fig. 5a. Group A SEM Output - for respondent who did not WFH pre-COVID (n = 986).

Source: Jain T Currie G and Aston L (2022) "COVID and Working from Home: Long-term Impacts and Psycho-social Determinants" TRANSPORTATION RESEARCH PART A Volume 156, February 2022, Pages 52-68







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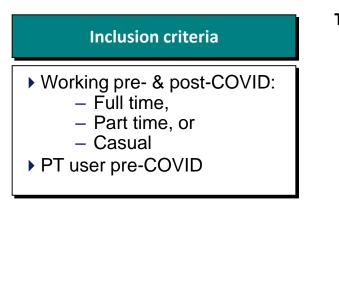
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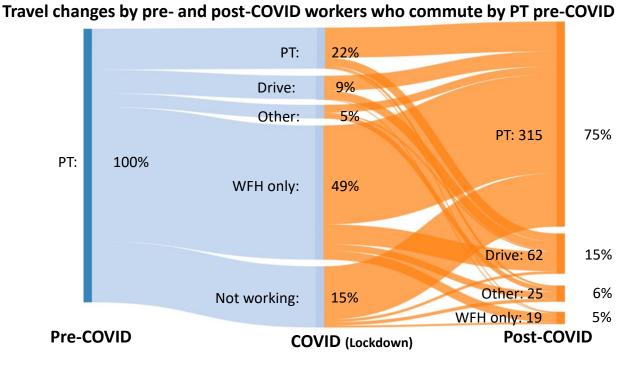
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# We are researching mobility trajectories of pre-COVID PT users during and also Post COVID to understand the prospects for market futures





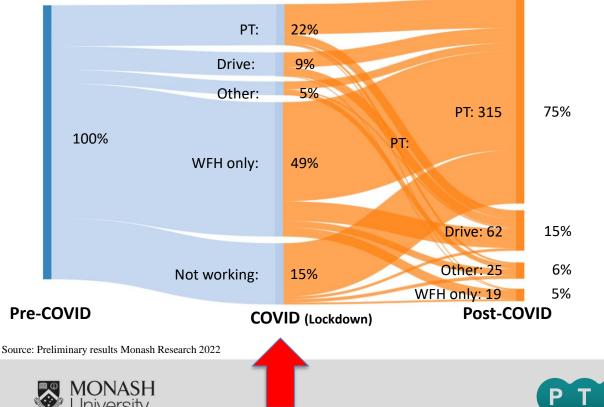
Source: Preliminary results Monash Research 2022





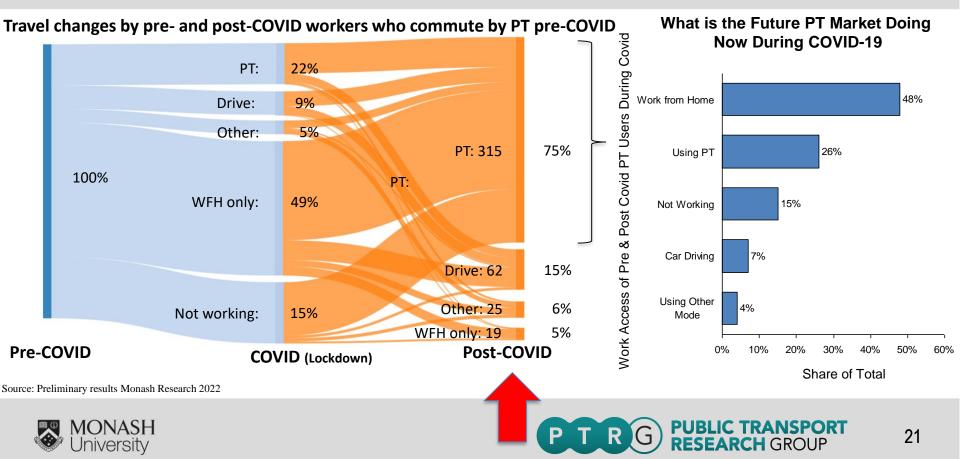
# Currently; most of the pre-Covid PT market are WFH (49%), Not working (15%) or driving (9%); 22% are still using PT

Travel changes by pre- and post-COVID workers who commute by PT pre-COVID

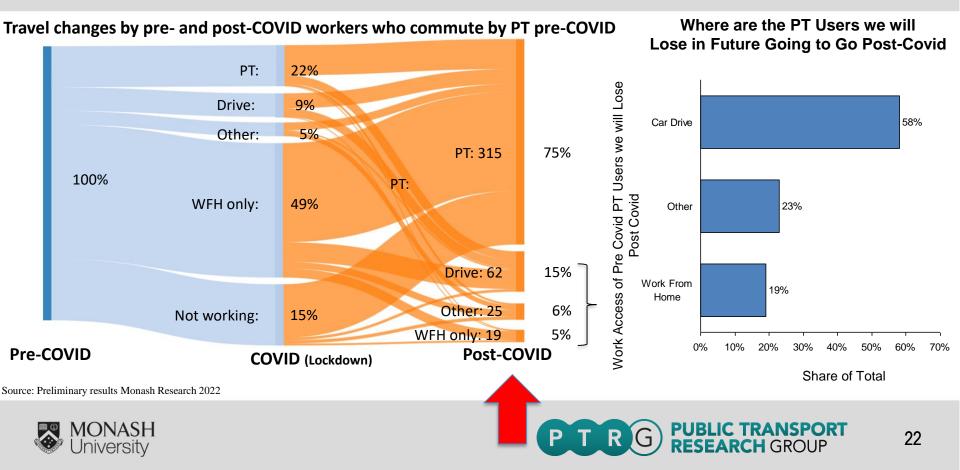




## Post-COVID the Mkt will grow from 22% (now) to 75% pre Covid levels – Expected future ridership is currently WFH (48%) using PT (26%) out of work (15%) or using other modes



## Another Perspective – Post COVID we lose ~25% of our pre-Covid PT market; 58% will drive, 19% WFH; the rest using other modes





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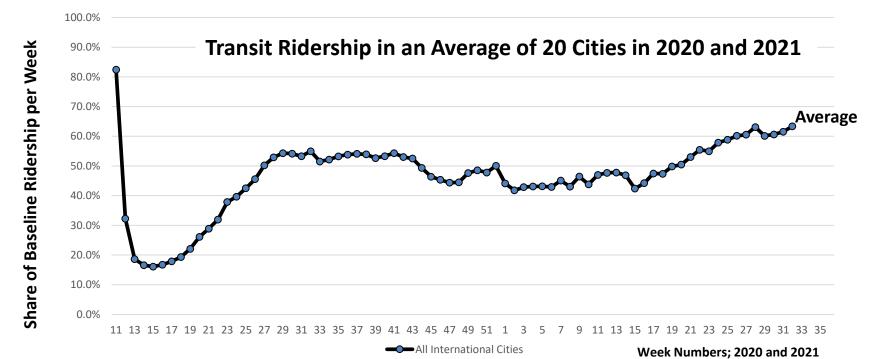
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# City Transit ridership fell, recovered then slightly declined from early 2020; from 2021 a slow recovery is underway

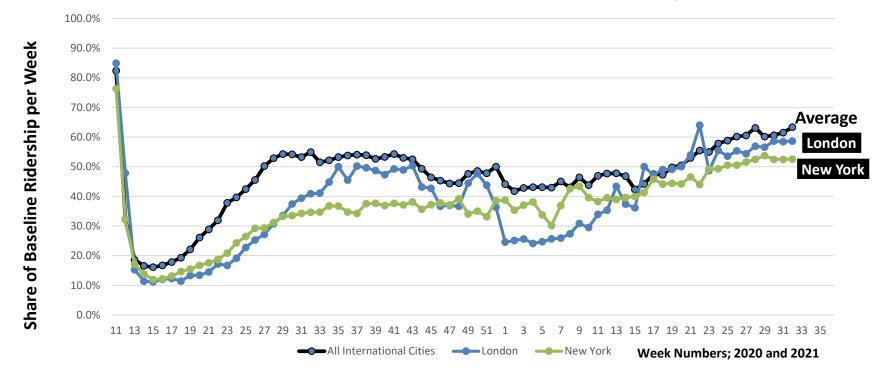


Source: Data courtesy of UITP; cities include Vienna, Oslo, London, Montreal, Madrid, Auckland. Pilsen, New York, Kayseri, Barcelona, Berlin, Vancouver, Chicago, Ottawa, Stockholm, Jersey City, Dijon, Warsaw, Reenes, Toronto





## London/New York – Poor Pandemic Containment Cities who Rely on Vaccination – have underperformed but are in a recovery trend

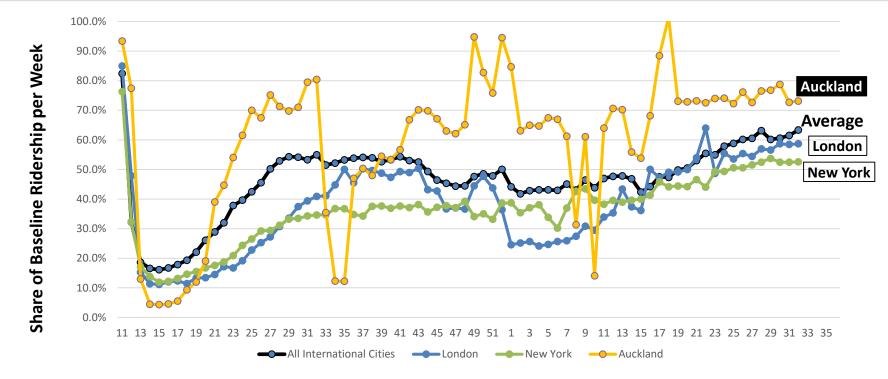


Source: Data courtesy of UITP





## Auckland – A Strong 'Lockdown and Eradicate' City – has better performance during eradication; and poor during lockdown – but is also on a recovery path

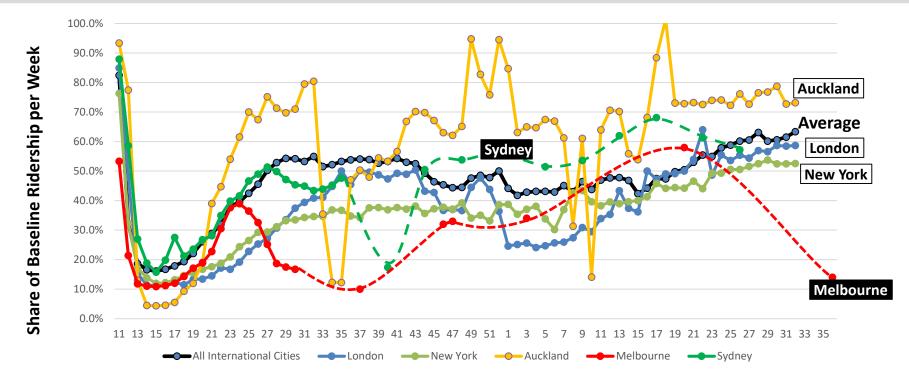


Source: Data courtesy of UITP





### Sydney/Melbourne – also Lockdown/Eradicate – have a generally similar performance



Source: Data courtesy of UITP





### Monash COVID-19 Research has been made OPEN ACCESS; free to assist industry

## Published papers in top journals:

- Currie G, Jain T and Aston L (2021) "<u>Evidence of a</u> <u>Post-COVID Change in Travel Behaviour - Self-</u> <u>Reported Expectations of Commuting in Melbourne</u>" Transportation Research Part A Volume 153, November 2021, Pages 218-234
- Jain T Currie G and Aston L (2022) "<u>COVID and</u> <u>Working from Home: Long-term Impacts and Psycho-</u> <u>social Determinants</u>" Transportation Research Part A Volume 156, February 2022, Pages 52-68

## PTRG Monash website for COVID-19 Travel Research:

http://publictransportresearchgroup.info/portfolio-item/covid-19-long-terms-impacts/



#### Long Term Impacts of Covid-19 on Travel

COVID-19 has created a global impact on travel as cities shutdown to avoid contamination. Its impact on public transport is enormous as travel demand has almost vanished and safety remains a key concern for the future.

#### But what will the impact of Covid-19 be in the future when the virus has gone?

BENCHMARKING GRIP

PROJECTS

This project aims to "understand changes to travel caused by COVID-19 and their long-term implications for Melbourne and its infrastructure"

The new theoretical contribution to knowledge concerns the impact of significant shocks to travel caused by major events like the C-19 crisis. From a planning practice a major benefit of the project is a better Date June 1, 2020

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COVID, Department of Transport, Graham Currie, Laura Aston, Melbourne, Mode, Planning, Taru Jain



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#### Please reach out for more information

